



# VETTING GUIDANCE

You are required to vet your horse in for both Endurance and CTR. Vetting in occurs before your ride, during loops if you are doing longer rides, and at the end of your ride.

Below is a brief written guidance for you on this process but please watch the video which goes into more detail regarding this process.

- Enter the vet ring area and call “time”. If there is a delay to vet, walk your horse slowly to keep muscles warm.
- The vet will take the horses heart rate using a stethoscope. It must be under 64 beats per minute.
- The vet will check:
  - Muscle tone
  - Back and girth area
  - Legs and hooves
  - Hydration (skin recoil)
  - Respiratory rate
  - Mucus membrane
  - Capillary refill
  - Gut sounds
- You then will be asked to trot your horse to the end of the vet ring and back again on a long lead rein. You are allowed to have someone else trot your horse if you are not able to.
- If the vet isn't happy with any of these checks, there is grounds for the horse to be eliminated from competition.

**Copy the link below into your browser to show you these steps and how to trot up your horse.**

<https://www.youtube.com/watch?v=Jtb5TXRIA7Q>